

Western Development, RM of Riding Mountain West working to bring much needed senior housing to the area

Western Development and the Municipality of Riding Mountain West are working together to bring much needed senior housing to the area.

Senior housing today cannot be just four walls and some furniture to put a senior in to wait for the final day so the room can be available for another senior from the long list that are looking to retire, but have to come to the city, pay a high price for some sacrificed accommodation.

The officials of Riding Mountain West have taken note of the situation. They are making an effort for the benefit of the area and the town of Inglis, which is sitting on the beautiful hills of Asessippi, a welcoming scenic sight, but mostly to benefit the seniors of

today that are hoping after all the hard work in their lives, some miracle would one day show them some respect and dignity.

The officials of Riding Mountain West made the choice that their area has that and will offer seniors a proper and dignified updated modern housing setting in an area of rolling hills, a short distance between Russell and Roblin, where there are hospitals and good shopping, located on the most beautiful area of the Asessippi Valley and hills close to Lake of the Prairies for nice tranquil fishing.

It has what is required for a modern upscale Senior Wellness Centre, not a nursing home, full scale active aging centre to keep retiring seniors

well and active to enjoy the remaining years with a memory of how good life can be after all the hard work they went through to change things for what it is today. Seniors can enjoy their golden years to forget their past life of hard work and also live and do what they dreamed about what their golden years should be.

It can be had with full respect. Seniors can have comfortable accommodations with many services that they can enjoy to continue being active, but not necessarily with hard work, just enjoy each day as they would on a holiday with something to do that one could enjoy in a relaxing condition not demanding pressure.

Many of today's seniors have served in the

military, have seen wars, struggled through tough times that today's generations will never see because our seniors of today have struggled to make the changes. Seniors of today require positive means of comfort and affection on their physical and mental health with positive activities and comfort living.

Seniors, while still active should not be put in a condition where they cannot do anything more than fend for themselves if they want to continue to enjoy life, also not depend on our overloaded medical system. Active seniors don't ask for it, the system has made it that way, they would like to still keep active to enjoy life.

Active living helps

improve health and fitness through social therapeutic routine and proper nutrition, active adventure enjoyment makes for good mental fitness.

Officials at Riding Mountain West took notice that a good and proper Senior Wellness Centre was important for the area. Not only for local people, but city people will start coming to enjoy country living and good country fresh air. Centres like the PRAIRIE PRIDE are going to continue coming up for the benefits to a community and for seniors.

PRAIRIE PRIDE Wellness Senior Centres are a transformation from Assisted Living to Active Assisted Living, adding many helpful amenities to the project to fully

comply with active healthy aging through social activities, plus other recreation facilities added to enjoy in good living fashion. All these are beyond the normal assisted living for meals and a place to sit and waste away gently.

Retiring should be the enjoyable part of life, but government rules have created it, as the end of active living and created nursing homes for many that don't need it.

All they need is some motivation through a nurse on duty and they don't have to be a burden on our overloaded medical system where no senior really wants to be in, it is the time and system that puts him in that position.

CONTINUED
SEE MUCH P.11

MOR gets funding for new generator

An emergency generator to turn Roblin's Community Centre into a municipal Emergency Command/Reception Centre was among 89 projects recently approved under the province's 2022 Mitigation and Preparedness Program.

"Our government is committed to supporting not only the post-disaster recovery needs of municipalities, but also their capacity to prepare for future events," said Doyle Piwniuk, minister for transportation and infrastructure.

"This innovative initiative, delivered through the Manitoba Emergency Measures Organization, offers an important opportunity for municipalities to build local resiliency against natural disasters, extreme weather events and the impacts of climate change."

The Municipality of Roblin was approved for a maximum of \$26,148.39 to purchase its generator.

Other local funding approved included \$12,206.53 for the RM of Riding Mountain West to establish a reserve fund.

Support
Project
Christmas
Dinner



COMING SOON TO INGLIS!

G&G Western Development

are pleased to be working with the

Rural Municipality of Riding Mountain West on

Prairie Pride

SENIOR WELLNESS RETIREMENT CENTRE

— Modern luxury living at affordable prices —



After a life of work and responsibilities you have earned the right to spend your time as you please. Prairie Pride Senior Wellness Retirement Centre offers a simplified lifestyle that allows you more time to do what you love to do.

Q: What is a Life Lease?

Our Life Lease makes it affordable and creates a saving that you do not need to worry about. It is refundable to you in full if you need to leave for medical reasons. No tax, no legal fees, no commission to pay, just a notice, or it goes to your estate. Your money is held by a trust company in your name, creating liquidity to always have your refund, and also helps keep the rent affordable.

At Prairie Pride, we believe that a well rounded life is a good life. That is why we offer a full calendar of activities aimed at creating an atmosphere of engagement, lifelong health and fitness, entertainment, and fun, with full support from our daily on duty nurse.

The goal is simple, to make sure you have plenty of opportunities to explore new interests. Discover active aging country style with all the city conditions, more friendly social therapeutic activities for lifelong wellness.

SUITES INCLUDE:

- 36" stove, 22 cu. fridge, dishwasher
- Washer & dryer in each suite
- Easy pull kitchen cupboards
- Spacious balcony, BBQ safe
- Two TV outlets in each suite
- Front door security camera
- On site manager
- Sitting area in hallways
- Sprinklered building
- Hardwired smoke detectors
- Carbon monoxide detectors
- Extra storage on each floor
- Grocery shelf outside suite door
- Two computers in library
- Wheelchair friendly
- Heated parking
- Rooftop terrace
- Green building concept, environmentally conscious design
- Two guest rooms - \$35.00 per night

AMENITIES INCLUDE:

- Safe drop off entrance
- Licensed dining room
- Health planned meals
- Multi purpose room
- Games room with virtual golf
- Sales area for draft & mens work
- Green house tea room
- Chapel for personal devotion
- Light grocery store
- Two large elevators
- Exercise room
- Spa & body massage
- Sauna
- Nurses examining room
- Hair dressers
- Planned social events
- Pre-planned bus trips
- Planned weekly activity schedules
- Social activities: birthdays, card games, bocci court, where possible
- Activity coordinator - tenant volunteer

FOR MORE INFORMATION PLEASE CONTACT:

Craig Frondall, Realtor
204-476-4777
email: craig.frondall@c21.ca

Jocelyn Whaley
204-564-2589

Rhonda Rozwadowski
email: west2nowhere@gmail.com

We invite you to our creative wellness retirement community!